Exploring New Horizons in Career Counselling

Turning Challenge into Opportunities

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This book brings together eminent global theorists and practitioners to share their views on the evolution of career counselling in recent decades. Multiple changes of a fundamental and complex nature, as well as related challenges in the world of work, have necessitated career counselling to undergo such an evolution. The authors examine the future nature and scope of new directions in the field of career counselling psychology and they critically reflect on, as well as promote the predominant theoretical and conceptual framework of the field of career counselling. The latest models and methods in and for the 21st century are explored and teased out, including Mark Savickas' proposal to shift the focus in interventions from conceptualising the self as content to seeing the self as a process. This approach is in keeping with the notion of career as a story and consistent with leading theories such as Jean Guichard's self-construction framework and the life design paradigm. The authors deliver an avant garde text that is easy to read and use without diluting the conceptual and terminological complexities of the field.

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