Book overview
Daniel Goleman, the literary catalyst for worldwide interest in emotional intelligence, sets the stage for this groundbreaking book in his foreword explaining its landmark importance. People can be educated to be more emotionally intelligent, and this particular type of education takes place through a specific type of parenting at home, formal education at school, and training and coaching at work. As a result of this education, extensively described in this comprehensive book, people's lives can be improved; they can become more effective, productive and content in what they do.

Some of the best known researchers, professors and practitioners worldwide team up in this work to recognize and reflect the rapidly growing global interest in scientifically-based applications of emotional intelligence in education, to show readers the diverse applications of EI, and to guide them in applying what is known about this topic. The breadth of coverage, array of experts, international scope and clear, practical tone of this book will appeal to parents, educators, psychologists, counselors, trainers, and corporate coaches, mental health and human resource practitioners and healthcare providers. Parents and educators need to perform their caregiving roles and teach with emotional intelligence if children are to develop the skills and discernment needed to cope with the complexities of an increasingly globalized world. Workplaces that apply emotional intelligence are more pleasant places in which to work, provide a more fulfilling experience for employees and are, in the end, more productive organizations. Emotional intelligence can be developed by most individuals to increase performance in many areas of life. And a growing body of evidence indicates EI skills may improve physical health, as well as mental health. This book will become a benchmark for future researchers and practitioners.

Limited preview - 2007 - 323 pages - Psychology
Become an ace at maths

\[ D = 6t \]
\[ P(n,t) = \frac{n!}{(n-t)!} \]
\[ C(n,t) = \frac{P(n,t)}{t!} \]
\[ P_a = \frac{n_1 n_2}{n_1 + n_2} \]

Dr Kobus Maree

ONTRAfel WISKUNDE

KOBUS MARee

x^3 + 6x = 20

x^3 + px^2 = 4

HEAD START IN DESIGNING RESEARCH PROPOSALS IN THE SOCIAL SCIENCES
Jakkalsvoël

Kobus Maree A novel for young teenagers about a matric boy whose life is slowly unfolding as his sessions with the psychologist progresses. From a very young age he has experienced rejection in various forms: his father, in school, his girlfriend and on the rugby field. And to top it all, his only anchor in life, his mother, is dying of cancer.

But in addition to all this, something terrible happens and Jacques ends up in prison. Fortunately he is an A-student and has the prospect of being admitted to study medicine after his term in prison. Young people will be able to relate to this positive novel. Although the story seems quite serious, it also has light and humorous moments.
In Jakkalsvoël, a Promising Student Finds Himself in Prison

February 7th, 2008 by Gerhard

A novel for young teenagers from Human & Rousseau.

A matric-year boy’s life slowly unfolds as his sessions with his psychologist progress. From a very young age he has experienced rejection in various forms: from his father, in school, from his girlfriend and on the rugby field. And to top it all, his only anchor in life, his mother, is dying of cancer.

But in addition to all this, something terrible happens and Jacques ends up in prison. He is an A-student with prospects – but will he be admitted to study medicine after his term in jail?

Although the story is quite serious, the also has light and humorous moments, and an overall positive message that young people will be able to relate and respond to.

’n Verhaal vir jong tiener oor grepe uit ’n matriekseun, Jacques, se lewe wat stadigaan ontvou soos wat hy met sy sielkundige praat. Van kleins af al het hy een of ander vorm van verwerping ervaar, hetsy sy pa, by die skool, sy meisie en op die sportveld.

Die enigste werklike anker in sy lewe is sy ma – en sy is besig om aan kanker te sterf. Maar dan gebeur iets verskriklik wat hom finaal laat ontspoor en in die tronk beland. Gelukkig is hy ’n A-student en het hy die vooruitsig om na die uitdiening van sy vonnis vir ’n dokter te gaan studeer. ’n Positiewe verhaal waarmee jongmense sal kan identifiseer, maar dit is darem nie net ernstig nie – daar is humoristiese en ligte oomblikke ook.

Book Details

Jakkalsvoël by Kobus Maree

Book homepage

EAN: 9780798148467
Shaping the Story is a broadly authored, comprehensive and up-to-date text that addresses the theory, practice and realities of a postmodern approach to career counselling and practice. The steady shift in acceptance of constructivist-narrative approaches facilitates a long-espoused belief that the client needs to take ownership of the process; the need for co-facilitation of career projects; and it also highlights the ongoing, lifelong and evolving nature of career development.

As editor, Maree has produced a text that exposes readers to the current thinking of some well-known leaders in the career development field, gives an overview of the development in theory and practice of narrative strategies, as well as some practical examples of 'life stories'. This would be a useful text for training and professional development sessions for new or experienced practitioners wishing to review and expand their repertoire of practice.

Concepts of constructivism, constructionism and hermeneutics as well as narrative strategies have become much more mainstream in career development practices. It may be that we are in the early stages of a potential paradigm shift to postmodern approaches, however, narrative has been demonstrated as sitting comfortably alongside some of the long-employed and well-accepted career approaches.

In introducing the book to the reader, Savickas reminds us that:

In the postmodern world, employees can no longer depend on an organisation to provide them with a familiar and predictable commitment to hold their lives together. Instead, individuals must rely on themselves to construct a story—a self and a career—to hold themselves and their lives together when they encounter discontinuity.

For the many career practitioners who have made a shift in their professional practice, and for others who are exploring the potential of adopting narrative strategies, this text can be most helpful. It includes the insights of many internationally recognised postmodern researchers and proponents, including Mark Savickas, Larry Cochran, Norman Amundson, Mark Watson, Reuven Bar-On, Paul Hartung, Robert Chope, as well as Australian leaders Wendy Patton and Mary McMahon.
The text is organised into three main sections: theory, practice and personal stories. For busy professionals it is probably helpful to 'cherry pick' chapters of specific and immediate interest, however there are some chapters that should not be missed by career practitioners wishing to improve their narrative counselling strategies.

For those new to postmodernist approaches, the first section proves most interesting and helpful. Savickas skilfully describes the connections and links between postmodernism and the well-established more structured testing and assessment approaches. Benefits and reasons for the shift are also discussed as a broad introduction and context for the chapters outlining aspects and insights on narrative strategies.

A number of chapters begin to address the Theory--practice nexus, an issue of ongoing concern for practitioners over the years. The connections between the theory and application or practice of the theory are explicitly addressed in the first section of Maree's text. Cochran's Chapter 1, 'The promise of narrative career counselling', should not be missed. Cochran presents and discusses three main areas of promise of the narrative approach, writing:

the focus of narrative career counselling is twofold ... to engage the narrator to spin the larger story of one's life and career in a way that bodes well for the future ... [and] to strengthen the actor to become a more powerful agent of our main character in this story. (p. 8)

Chen's 'Narrative counselling: An emerging theory for facilitating life career success' (Chapter 2) provides a context over time, which gives the reader an appreciation of the evolution of constructivism and narrative strategies in career development theory and practice.
Theoretical underpinnings and practical application of a hermeneutic--narrative approach to career counselling' (Chapter 3) by Thrift and Amundson provides insights into hermeneutics and how this can be melded with narrative in practice.

For those who have struggled with the distinction between new concepts of constructivism and social constructionism, Patton has produced a clear and simple explanation in 'Theoretical underpinnings and practical applications of constructivist approaches to career counselling' (Chapter 9).

There are also the seeds of some new and potentially new directions of exploration that have been flagged in this text. Shaping the Story should be commended for addressing the relative paucity of career development approaches for different cultural groups and for the power of language and initial considerations regarding the contributions of emotional intelligence and social emotional intelligence in career development approaches. Although there is still much work to be done, there is hope that the narrative and story approach to career counselling will be better suited to meet the needs of culturally different and minority groups in the future. New aspects of narrative relating to the power of language are explored in 'Weaving a learning community by the telling, deconstructing and re-telling life stories'. In this chapter, Sliep considers the power of language and how it can be used in a positive way with certain groups, to facilitate client ownership and control over their career development.
Shaping the Story: A Guide to Facilitating Narrative Counselling.  
(Book review)

Australian Journal of Career Development | September 22, 2009 | Lichtenberg, Anna | Copyright

SHAPING THE STORY: A GUIDE TO FACILITATING NARRATIVE COUNSELLING


[ILLUSTRATION OMITTED]

Shaping the Story is a broadly authored, comprehensive and up-to-date text that addresses the theory, practice and realities of a postmodern approach to career counselling and practice. The steady shift in acceptance of constructivist-narrative approaches facilitates a longespoused belief that the client needs to take ownership of the process; the need for co-facilitation of career…
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